

Bowie FC Bulletin



Spring Season

Welcome to the Spring 2026 season! We hope you have a great season!

Presidents Cup

Please join us in wishing the following Bowie FC teams good luck in the Maryland Presidents Cup:

- Coach Mendez's U15B Red Team
- Coach AK's U14B Red Team
- Coach Teel's U12B Red Team
- Coach Gamez's U11B Red Team



Coach's Corner– Nobody Teaches You How To Be A Soccer Parent

There's no course for it, no handbook, no pre-season meeting that actually prepares you for what it feels like to watch your child play every week. All you want is for your child to do well. That's not a bad thing, that's love, but sometimes love gets loud, and when it gets loud it can start doing damage that none of us intend.

Seasoned soccer parents share that the thing that affects a young player's experience more than anything else isn't the coach, the facilities, the standard of opposition, or how many minutes they get. It's what happens on the sideline and it's what gets said in the car on the way home.

Children are affected by the way their parent was correcting every touch from the sideline. They stop taking risks because they know the car ride home will be a debrief they didn't ask for.

The best soccer parents all have something in common and it's not that they don't care. They care massively, they've just learned to separate what they're feeling from what their child needs in that moment. They cheer for the whole team, not just their own. They let the car ride home be about music or a sweet treat or anything other than the match. And the only thing they say after a game is "I love watching you play.", that's it. Nothing about the missed chance or the goal they conceded or why they didn't pass. It sounds so simple but you'd be amazed how much of an impact it makes.

So be the parent that every coach wishes they had on their sideline. Trust the process even when it's hard to watch, work with the coach, celebrate the effort not just the outcome, and remember that this is their experience, not a second chance at yours.

The best thing you can ever be in your child's football journey isn't their coach, their agent, or their biggest critic. It's their biggest fan! *Adapted from [The Parent Resource](#)*

April 2026

CALENDAR

April 11, 2026

First Developmental Program Games

OUR SPONSOR



**Private Wealth
Management**

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