

Bowie FC Bulletin



Spring 2024 Community & Futbol Club Fundraiser

Join us on Saturday, March 16th for our Spring 2024 Community & Futbol Club Fundraiser! This event is open to anyone, participants do not have to be a registered Bowie FC player to participate. The event runs 11:00 am—3:00pm at the turf field at Allen Pond Park. Competitions will take place each hour according to age groups:

11:00am - 12:00pm U4-U6

12:00pm - 1:00pm U7-U9

1:00pm - 2:00pm U10-U12

2:00pm - 3:00pm U13+

Competitions are \$5 each and registration for each event is required. Visit the Bowie FC website homepage for the link to register.

Proceeds from this event will be used to cover registration fees for players with financial need, purchasing and maintenance of equipment for our programs, and maintaining affordable player registration fees for our programs.

Please share the event flyer on the third page of this newsletter!

Leadership Board— Thank You Nikki, Welcome Larry

On behalf of the Bowie FC Leadership Board, we would like to thank Nikki Clowers for her dedication and time serving as the past Director of Administration. We are excited to announce that Larry Clark is our new Director of Administration.

Coach's Corner

The Centers for Disease Control and Prevention (CDC) has an initiative called Heads Up that focuses on concussions in youth sports. Review their [Quick Facts Sheet](#) that shares signs and symptoms of a concussion and action plan steps. For more information visit <https://www.cdc.gov/headsup/youthsports/index.html>.

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March 2024

CALENDAR

March 16, 2024

Spring 2024 Community & Futbol Club Fundraiser

Week of March 18, 2024

Developmental Program
Practice Begins

OUR SPONSORS

Black & Orange Sponsors



BOB LUCIDO TEAM
OF SELLER WILLIAMS LUCIDO AGENCY
TERRI SIEGEL, REALTOR®
c: 240.462.4421
TerriSiegel.BobLucidoTeam.com

Send photos with information to [Bowie FC Communications](#). Be sure to let us know what team/player(s) the photo captures. Submission of photos indicates authorization to use for print and electronic communication.



Coach of the Month– Nikki Clowers

In our third installment of Coach of the Month we are excited to celebrate Coach Nikki! Each month we will feature coaches from across all Bowie FC programs to learn more about their backgrounds and stories.

What programs do you coach and how long have you been coaching with Bowie FC?

Currently I coach the 2008 Boys Academy team. I have been coaching for over 10 years with Bowie FC and have coached various other teams during that time frame.

When did you begin coaching? What got you interested?

I played soccer growing up and was excited when my sons were old enough to play and interested in playing. They both started out in our developmental program in the youngest age groups. There was a need for coaches, and since I was going to be at practices anyway I decided to volunteer. I loved it and have stayed with it since.

Where did you grow up and what's your favorite soccer memory from your childhood?

I grew up in Roanoke, VA and played soccer for a number of years. My favorite memory as a young adult was watching the women win the World Cup in dramatic fashion (pens) in 1999.

Who's your favorite soccer player and why?

I have several favorites. From the USWNT, I like watching Naimi Girma, who plays with the San Diego Wave FC. From the Premier league, I like watching Richarlison de Andrade.

And finally....give us one fun fact about yourself

I never missed a pen in my soccer career. At least that is how I remember it!!





SPRING 2024 COMMUNITY & FUTBOL CLUB FUNDRAISER

Soccer players, come showcase your skills with Bowie FC in 10 different events while creating an opportunity for others within your community to play this beautiful game!

OPEN TO ALL BOWIE FC AGE GROUPS

SATURDAY, MARCH 16
11:00 AM - 3:00 PM
ALLEN POND TURF FIELD

**Ticket required to
participate in each
competition. Register at
BowieSoccer.com**

**Donations
\$5/ticket**

COMPETITIONS:

1. First touch ball control
2. Dribbling obstacle course
3. Passing accuracy
4. Foot race
5. Target shooting
6. Goal finishing scoring
7. Long ball
8. Juggling
9. Throw-in
10. Agility ladder/speed hurdle

PROCEEDS WILL BE USED TO COVER:

- Registration fees for players with financial need
- Purchasing and maintenance of equipment for Bowie FC's futbol program
- Maintaining affordable player registration fees for the Developmental, County and Travel programs

Register at [BowieSoccer.com](https://www.bowiesoccer.com)

