

Bowie FC Bulletin



Developmental Program Spring Season

Congratulations to all of our coaches and players for a great developmental season wrapping up this month!

May 2023



Red Lions U7-U8, Coach Smith



U7-U8, Coach Whitaker



U5-U6, Coach Gibson

Welcome to Our New Sponsor– Terri Siegel

Terri Siegel is a realtor at the Keller Williams Lucido Agency. She is our newest Black and Orange Sponsor of our 2023 Summer Camp. Welcome, Terri! We appreciate your support!

Continued on page 2...

CALENDAR

May 13-14, 2023

Maryland Presidents Cup
Tournament

May 14, 2023

Mother's Day

May 15-25, 2023

County and Travel Team Tryouts

May 26-29, 2023

Potomac Memorial Tournament

Memorial Day Weekend

Memorial Cup Invitational

June 1, 2023

Registration opens for Summer
Camp

OUR SPONSORS

Black & Orange Sponsors



BOB LUCIDO TEAM
OF KELLER WILLIAMS LUCIDO AGENCY
TERRI SIEGEL, REALTOR®
c: 240.462.4421
TerriSiegel.BobLucidoTeam.com

Bulldog Sponsor



Send photos with information to [Bowie FC Communications](#). Be sure to let us know what team/player(s) the photo captures. Submission of photos indicates authorization to use for print and electronic communication.



Fall Season– Academy County and Travel Program Tryouts

County and Travel program tryouts will be held the weeks of May 15 and May 22. Specific schedules are available on our website. Registration for tryouts is also open on our website. **Players should register before May 14!** Players must have soccer shin guards and should bring a ball and water to tryouts. We strongly recommend soccer cleats and remind you that baseball and football cleats with a front cleat ARE NOT allowed for soccer. There is no cost to register and attend tryouts. You will receive an email after tryouts are complete informing you of the results. Best of luck to all players trying out!

2023 Summer Camps

Bowie FC is hosting summer camps designed to improve players' skill and fitness in an age-appropriate fun and structured environment. **Registration will open June 1.** Mark your calendar!

- The **U4-U8** Developmental Summer Camp will be July 24–28 and will focus on basic soccer skills and teamwork. Children must be born in 2019 or later to be eligible for camp. Cost is \$100 and will run from 6:00 pm–7:30 pm.
- The **U9-U18** Academy Summer Camp will be July 31–August 5 and will focus on agility and more advanced footwork, shooting, passing, and defensive skills. Cost is \$150 and will run from 6:30 pm–8:30 pm.

Potomac Memorial Tournament

Wishing our U18 and U15 boys the best of luck at the Potomac Memorial Tournament taking place May 26-29!

Memorial Cup Invitational

Wishing the following teams the best of luck at the Memorial Cup Invitational taking place on May 29:

- 2014 Boys
- 2013 Boys
- 2012 Boys
- 2010 Boys
- 2011 Girls
- 2013 Girls

Coach's Corner

Tips on Being a Soccer Super Fan (adapted from Teamsnap article, 2016)

We all love watching our players on the field. But are you helping build their love of the game, or chipping away at their desire to play? Here are some tips you can use to help ensure that you are creating a positive environment for your soccer player to thrive:

- Before practices and games, make sure your player packs their bag. It should include water, shin guards, cleats, and their second uniform kit (if applicable)
- Get them to the field on time for practice and games. Most coaches ask that players arrive 40-45 minutes before game time to get ready. Showing up late rushes the warm up process and signals to the player that punctuality isn't important.
- Do not coach from the sidelines. Leave the coaching to the coaches. Yelling "shoot," "send it," and the like is distracting for players and may actually conflict with the team's strategy.
- Cheer! Players want and need to hear positive cheering and support. Remember they are kids and are learning. They will make mistakes. When they make a mistake, let them know it is okay and they'll get it next time. Praise effort, not just results.
- If you can't be 100 percent supportive, sit away from the field so players and other families do not hear your groans or comments.
- Do not yell at the referees. Referees are humans. They will miss calls. That is the nature of sport. Let the coaches talk to the referees, if needed.
- Do not engage in a negative way with the other team's parents. We want to be models of good sportsmanship for our players. If the other parents are being obnoxious, move away from them.
- After the game, make sure your player picks up their trash and helps the coach pack up the equipment.
- Also after the game, do not critique the coaching or refereeing, or offer extensive critiques of your player's performance. Rather, let them know how much you enjoyed watching them play. Abby Wambach, one of the best soccer players of all time, says she doesn't offer advice or criticisms after her kids' games; rather she asks if they had fun and how they think they did. After all, isn't that the most important thing?

