

Bowie FC Bulletin



February 2023

Spring Registration Open

[Registration is open](#) for our Developmental and Academy County programs. All players born between December 2013—April 2020 are accepted into the Developmental program. The Developmental Spring season begins with practices in early March and games begin in mid March. Most teams practice twice a week and play games on Saturdays. The fee is \$125 and **registration closes February 12**. We try to accommodate special requests for parent scheduling, but cannot guarantee them.

Players registering for our Academy County program will have tryouts during the weeks of February 13 and February 24. The specific schedule with dates, times, and locations are posted on the web. Players should try to attend both sessions as it allows the coaches to get a more complete picture of the players ability. All players must attend tryouts, even if they are currently on an Academy County team.

Coaches Needed

By volunteering to be a head coach in our Developmental program, you get to set your practice day and time, get access to The Coaching Manual to help you plan your training sessions, and are provided a refund of your registration fee after the season when you return your equipment. Volunteering also helps us keep team sizes small, ensuring each child gets more personal training and optimal playing time. You can volunteer and complete the background check as you register your child for the Spring program.

Futsal Season Begins

Bowie FC has eight teams participating in the fast-paced game of Futsal. Play begins Saturday, February 11 at [Benefield Sports Center](#). Follow our teams and take some time to cheer the players on. You can find schedules for each of the teams: [2009 Boys](#), [2011-2012 Girls](#), [2011-2012 Boys](#), [2013 Boys](#), [2014 Boys](#), [2008-1 Boys](#), [2008-2 Boys](#), [2005-2006 Boys](#).

Coaches Corner

Question: What is one of the best ways to improve your footwork?

Answer: Juggling. Juggling helps players connect with and control the ball, make fast adjustments to the ball's movement, and improve coordination. We encourage players to practice their juggling skills at home and we encourage coaches to allot time at each practice for juggling. As players' juggling skills advance, they will see gains in their dribbling and ball control.



Send photos with information to [Bowie FC Communications](#). Be sure to let us know what team/player(s) the photo captures. Submission of photos indicates authorization to use for print and electronic communication.

CALENDAR

February 11-April 2, 2023

Futsal Season, Benefield Sports Center

February 12, 2023

Spring Registration Closes (Developmental)

February 15-21, 2023

Academy County Tryouts

February 19, 2023

Spring Registration Closes (Academy)

February 19, 2023

Spring Registration Closes (Academy)

March 6, 2023

Developmental Program Practice Begins

March 18, 2023

Developmental Program Games Begin

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